

The Avalon Update

A close-up photograph of a dark red ceramic bowl filled with numerous heart-shaped candies. The candies are in various colors including pink, yellow, green, and white, and each has a different romantic message printed on it in red or black ink. Some of the visible messages include "I LOVE YOU", "KISS ME", "FOR EVER", "LOVE ME", "FIRST KISS", "I HEART YOU", "KISS ME", "ALL MINE", "SOLE", "FOR", "LAUGH", "BEACH", "YOU SHINE", "FIRST DAY", "ADORE ME", "LOVE ME", "I HEART YOU", "KISS ME", "FOR EVER", "LOVE ME", "FIRST KISS", "I HEART YOU", "KISS ME", "ALL MINE", "SOLE", "FOR", "LAUGH", "BEACH", "YOU SHINE", "FIRST DAY", "ADORE ME", "LOVE ME". The bowl is placed on a teal-colored fabric surface, and several more heart-shaped candies are scattered around it.

- Olympic Open Ceremony: Friday the 6th at 2pm viewing in the second-floor dining room.
- Valentine's day social and live music by Vanessa Carr! Thursday the 12th at 2:30pm-4pm in the second-floor dining room.
- Mardi Gras Activities throughout the day in both Memory Care and Assisted Living on the 17th
- Resident Council Meeting: Thursday the 26th at 1:30pm in the chapel.
- AL Outings on Wednesdays: Ceramic studio on the 4th, shopping at target on the 11th, lunch at 5th Tavern on the 18th, and the aquarium on the 25th.
- MC outings on Mondays: Henry ford Museum on the 2nd, joy ride and bakery on the 9th, DIA on the 16th, and joy ride and hot coco on the 23rd.

Michelle Ryan

Michelle will be with us as our interim Executive Director while we are searching for a permanent Executive Director for the Avalon of Bloomfield Township. Michelle has been with LCS for over two years and has been in Long Term Care for over ten years. She is the Executive Director at our sister community Havenwood of Richfield in Minnesota. She is excited to be here to help a sister community. When she is not in Michigan, she enjoys traveling and spending time with friends and families.

Employee of the Month

Zamaya Molton

Zamaya has been with the Avalon for a year this month! She is one of our wonderful caregivers and will be training to become a med tech! Zamaya is an exceptional employee who is deeply dedicated to providing high-quality care to our seniors. She consistently goes above and beyond her assigned duties without being asked and is always willing to pick up additional shifts whenever needed. Her reliability, compassion, and strong work ethic make her a valuable asset to our team.

Chasing Winter Glory

The 2026 Winter Olympics are headed to the stunning landscapes of northern Italy, bringing together athletes and fans for a celebration of winter sports, culture, and camaraderie. Set across Milan and Cortina d'Ampezzo, the Games promise a picturesque backdrop of snow-capped Dolomite peaks, charming Alpine villages, and historic cities bursting with Italian flair. Visitors can expect not only thrilling competitions but also the chance to savor local traditions—from hearty mountain cheeses and cured meats to rich pastries and steaming bowls of polenta. Northern Italy's cuisine, hospitality, and vibrant markets offer a unique flavor to the global event, making the Olympics more than just an athletic spectacle.

At the heart of the Games are the timeless Olympic values: teamwork, perseverance, and friendly rivalry. Whether athletes are coordinating flawless relay passes on the ice, supporting teammates in grueling downhill runs, or striving to shave precious seconds off their times, the Olympics showcase how dedication and collaboration turn individual effort into shared achievement. Even the competition itself, while intense, is framed by respect and admiration, highlighting the joy of challenging oneself and connecting with others from around the world.

For winter sports enthusiasts, the 2026 Olympics also carry a strong sense of nostalgia. Fans will relive the thrill of skiing down glittering slopes, the elegance of figure skating routines, and the exhilaration of sledding through icy tracks. From alpine skiing and snowboarding to speed skating and bobsled, the Games celebrate the full spectrum of winter sports, each steeped in history and tradition.

The Milan-Cortina Olympics offer a rare combination: breathtaking scenery, rich cultural experiences, and the universal language of sport. As nations gather to compete, cheer, and share in this global festival, the event promises to leave lasting memories for athletes and spectators alike. Whether you're drawn by the chance to witness record-breaking performances or simply to enjoy the snowy landscapes and Italian charm, the 2026 Winter Olympics are shaping up to be a spectacular, heartwarming celebration of skill, spirit, and wintertime joy.