

# January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>THE AVALON</b> of Bloomfield Township	<b>Location Key</b> <b>2DR</b> - 2nd floor Dining Room <b>FR</b> - 2nd floor Family Room <b>B</b> - Bistro <b>T</b> - Theater <b>CH</b> - City Hall <b>C</b> - Chapel  <i>*All Activities are Subject to Change*</i>	<b>Resident Birthday's</b> Paul M. 1/1 Lavern 1/26 Allyson B. 1/2 Florence F. 1/4 Henry N. 1/7 Beth C. 1/21 Christina G. 1/24 James N. 1/25		<b>New Years Day</b> 10:30 Independent Coloring/Word Searches [1DR] 1:00 BINGO [2DR] 3:00 <b>Live Music with Gary Walsh [2DR]</b> 4:00 Wheel of Fortune [2DR]	1 10:00 Listen and Learn - History of Detroit [2DR] 11:00 Exercise: Deep Breathing and Basketball! [2DR] 1:30 Movie: Home Alone [2DR] 4:00 Trivia on the BIG SCREEN! [2DR]	2 11:00 Independent Word Searches/Crosswords [CH] 1:00 Exercise With Jennifer [2DR] 2:00 BINGO [2DR] 3:30 Tabletop Games [FR]
11:00 Independent Word Searches/Crosswords [CH] <b>4</b> 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Card Club [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	5 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Card Club [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	<b>5</b> <b>Beauty Salon Open - Call Concierge to Schedule</b> 8:45 Activity Cart and Mail Delivery 10:00 What's Going on in the World? [2DR] 11:00 Exercise: Balloon Volleyball [2DR] 1:00 Puppy Visits with Ollie [2DR] 1:30 BINGO [2DR] 3:00 Games: Roll a Number [FR] 4:00 Tuesday Terrific Trivia [FR]	6 8:45 Activity Cart and Mail Delivery 10:15 Communion with St. Hugo's Catholic Church [C] 11:00 Power Up with Paperback [2DR] <b>12:30 Outing to Somerset Collection [0]</b> 1:00 Independent Coloring/Word Searches [2DR] 4:00 Wheel of Fortune [FR]	7 8:45 Activity Cart and Mail Delivery 10:00 Create and Caffeinate! [2DR] 11:00 Exercise Class with Stephanie [2DR] 1:00 BINGO [2DR] 2:30 Trivia [2DR] 3:00 <b>Live Music with Terry Altman [2DR]</b>	8 8:45 Activity Cart and Mail Delivery 10:00 Listen and Learn - The Great Lakes [2DR] 11:00 Exercise: Question Toss [2DR] 1:00 Craft Club: Snowflake Watercolor [2DR] 2:00 Movie Matinee: Cheaper By the Dozen [2DR] 4:00 Jeopardy [2DR]	9 11:00 Independent Word Searches/Crosswords [CH] 1:00 Exercise With Jennifer [2DR] 2:00 BINGO [2DR] 3:30 Tabletop Games [FR]
11:00 Independent Word Searches/Crosswords [CH] <b>11</b> 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Book Club [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	12 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Book Club [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	<b>12</b> <b>Beauty Salon Open - Call Concierge to Schedule</b> 8:45 Activity Cart and Mail Delivery 10:00 What's Going on in the World? [2DR] 11:00 Exercise: Corn Hole/ Bean Bag Toss [2DR] 1:00 Puppy Visits with Ollie [2DR] 1:30 BINGO [2DR] 3:00 Games: Scrabble [FR] 4:00 Tuesday Terrific Trivia [FR]	13 8:45 Activity Cart and Mail Delivery 10:15 Communion with St. Hugo's Catholic Church [C] 11:00 Power Up with Paperback [2DR] <b>11:30 Outing to 5th Tavern for Lunch [0]</b> 1:00 Independent Coloring/Word Searches [2DR] 4:00 Wheel of Fortune [FR]	14 8:45 Activity Cart and Mail Delivery 10:00 Create and Caffeinate! [2DR] 11:00 Exercise Class with Stephanie [2DR] 1:00 BINGO [2DR] 2:30 Trivia [2DR] 3:00 <b>Live Music with Ron Muka [2DR]</b>	15 8:45 Activity Cart and Mail Delivery 10:00 Listen and Learn - Exploring Underwater Worlds [2DR] 11:00 Exercise: Deep Breathing and Basketball! [2DR] 1:00 Craft Club: Snowman Mason Jars [2DR] 2:00 Movie Matinee: Overcomer [2DR] 4:00 Jeopardy [2DR]	16 11:00 Independent Word Searches/Crosswords [CH] 1:00 Exercise With Jennifer [2DR] 2:00 BINGO [2DR] 3:30 Tabletop Games [FR]
11:00 Independent Word Searches/Crosswords [CH] <b>18</b> 8:45 Activity Cart and Mail Delivery 10:00 Martin Luther King Day Listen and Learn [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Card Club [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	19 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Card Club [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	<b>19</b> <b>Beauty Salon Open - Call Concierge to Schedule</b> 8:45 Activity Cart and Mail Delivery 10:00 What's Going on in the World? [2DR] 11:00 Exercise: Balloon Volleyball [2DR] 1:00 Puppy Visits with Ollie [2DR] 1:30 BINGO [2DR] 3:00 Games: Yahtzee [FR] 4:00 Tuesday Terrific Trivia [FR]	20 8:45 Activity Cart and Mail Delivery 10:15 Communion with St. Hugo's Catholic Church [C] 11:00 Power Up with Paperback [2DR] 1:00 Independent Coloring/Word Searches [2DR] <b>1:00 Outing to Ceramics Studio [0]</b> 4:00 Wheel of Fortune [FR]	21 8:45 Activity Cart and Mail Delivery 10:00 Create and Caffeinate! [2DR] 11:00 Exercise Class with Stephanie [2DR] 1:00 BINGO [2DR] 2:30 Trivia [2DR] 3:00 <b>Live Music with Jospeh Lipare [2DR]</b>	22 8:45 Activity Cart and Mail Delivery 10:00 Listen and Learn - Antarctica [2DR] 11:00 Exercise: Snowball Fight [2DR] 1:00 Craft Club: Snow Globe [2DR] 2:00 Movie Matinee: Dirty Dancing [2DR] 4:00 Jeopardy [2DR]	23 11:00 Independent Word Searches/Crosswords [CH] 1:00 Exercise With Jennifer [2DR] 2:00 BINGO [2DR] 3:30 Tabletop Games [FR]
11:00 Independent Word Searches/Crosswords [CH] <b>25</b> 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Murder Mystery Game [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	26 8:45 Activity Cart and Mail Delivery 10:00 Getting to know your Neighbor - Icebreakers and Coffee Chat [2DR] 11:00 Chair Exercise with Paperback [2DR] 1:00 Murder Mystery Game [FR] 2:30 Catch-up with Laurie [B] 3:00 Happy Hour [B] 4:00 Trivia on the IN2L [B]	<b>26</b> <b>Beauty Salon Open - Call Concierge to Schedule</b> 8:45 Activity Cart and Mail Delivery 10:00 What's Going on in the World? [2DR] 11:00 Exercise: Bowling [2DR] 1:00 Puppy Visits with Ollie [2DR] 1:30 BINGO [2DR] 3:00 Games: UNO [FR] 4:00 Tuesday Terrific Trivia [FR]	27 8:45 Activity Cart and Mail Delivery 10:15 Communion with St. Hugo's Catholic Church [C] 11:00 Power Up with Paperback [2DR] 1:00 Independent Coloring/Word Searches [2DR] <b>1:00 Outing to the Cranbrook Institute of Science [0]</b> 4:00 Wheel of Fortune [FR]	28 8:45 Activity Cart and Mail Delivery 10:00 Create and Caffeinate! [2DR] 11:00 Exercise Class with Stephanie [2DR] 1:00 BINGO [2DR] 2:30 Trivia [2DR] 3:00 Karaoke [2DR]	29 8:45 Activity Cart and Mail Delivery 10:00 Listen and Learn - How it's Made: Colors [2DR] 11:00 Exercise: Deep Breathing and Basketball! [2DR] 1:00 Craft Club: [2DR] 2:00 Movie Matinee: Annie [2DR] 4:00 Jeopardy [2DR]	30 11:00 Independent Word Searches/Crosswords [CH] 1:00 Exercise With Jennifer [2DR] 2:00 BINGO [2DR] 3:30 Tabletop Games [FR]